

# Prostate Cancer Screenings

No TRICKS, No FEARS, TREAT Yourself to a Prostate Check Once a Year!!

**15 Minutes Can Save Your Life!!**

**Hosted by: Yuma County**

**Yuma County Health Department**

**2200 W. 28th Street**

**Yuma, AZ. 85364**

**Wednesday - October 28th, 2020**

**7:00am - 12:00pm**

**(Mobile Unit on-site times are subject to change or be extended based on scheduled appointments)**

**\* Special Rates Apply to County, City and State Benefit Eligible Employees & Spouses**



**Appointments are required - Call to schedule your appointment today!**

**480-964-3013 or 1-800-828-6139**

**Get Tough, Get Checked, Get Going!**

**Prostate Cancer Screenings Includes:**

- PSA (Prostate Specific Antigen) Blood Draw
- DRE (Digital Rectal Exam)
- Testicular Exam
- Board Certified Urologist Consultation

**\*We urge all participants to wear a mask and follow social distancing guidelines.**

**\*All POP staff will wear masks and follow CDC guidelines during the screening.**

**We accept the following insurances:**

**AETNA/Banner Health Network /  
Blue Cross Blue Shield/Cigna/  
United Health Care**

**Specialist Co-pay Fees & Deductibles May Apply**

**Do Not Have Insurance?  
Cost is \$81.00 due at the time of service.**

**Medicare not covered**

# PROSTATE CANCER FACTS



## National Statistics:

- After skin cancer, prostate cancer is the most diagnosed cancer in American men and the *second leading cause of cancer death*.
- Prostate cancer is twice as common and has *more than twice the mortality rate* in African-American men as it has in Caucasian men.
- Approximately 232,090 new cases of prostate cancer will be diagnosed in the U.S. That represents *one man diagnosed with prostate cancer every two minutes*.
- Approximately 31,800 men will die from the disease. *That represents one man dying every seventeen minutes*.
- The lifetime probability of developing prostate cancer is *1 in 6*.

## Arizona Statistics:

- 3,900 new cases and 550 deaths.
- After skin cancer, the most diagnosed cancer in Arizona, and the second cause of cancer death in men.

## According To "POP"

- All men 40 years of age should have an annual digital rectal examination (DRE).
- All men 40 years and older should be offered a prostate specific Antigen blood test (PSA) annually by their doctors. If not offered, men should request information about this test and insist on having a PSA evaluation.
- Men with a family history of prostate cancer and African-American men should be offered a DRE and PSA test *Annually starting at age 37*. If not offered, these men should request information about this test from their doctors while mentioning their family history or racial risk and request that these exams be done.
- The 5-year survival rate for patients whose cancer is caught while still confined to the prostate is *100%*, while the 5-year survival rate for those men diagnosed with advanced cancer is only *34%*.
- Prostate cancer often develops without symptoms. Annually testing with PSA and DRE can lead to early detection and cancer confined to the prostate that has a significantly higher cure rate. Awareness about the risk of prostate cancer is a critical issue for Arizona's families. *Know what your PSA numerical result is every year. Do not accept: "your PSA is normal". Ask for the actual number. The value of PSA testing is the rate of change from one year to the next.*