Yuma County Public Health District Update

Yuma County Health Officials confirm 1 new case of COVID-19 bringing the total to 16 (fifteen). Patients remain in isolation and health officials are conducting contact investigations.

- Arizona currently has 2,575 confirmed cases of COVID-19, resulting in 73 deaths
- Yuma County currently has 16 confirmed cases of COVID-19, resulting in 0 deaths
- Currently 333 Yuma County residents have been tested

Data is provisional and subject to change:

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<thead>
<tr>
<th>YUMA COUNTY COVID-19 UPDATE</th>
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<td><strong>YUMA COUNTY</strong></td>
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<tr>
<td><strong>CONFIRMED CASES</strong></td>
</tr>
<tr>
<td>16</td>
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<td><strong>CASES BY GENDER</strong></td>
</tr>
<tr>
<td>FEMALE 5</td>
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<tr>
<td>31%</td>
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<td>MALE 11</td>
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<td>69%</td>
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<tr>
<td><strong>CASES BY AGE</strong></td>
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<tr>
<td><strong>TESTS</strong></td>
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<td>TOTAL TESTS 333</td>
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APRIL 7, 2020

Arizona Department of Health Services (ADHS) recent updates can be found on the COVID-19 Reporting Dashboard.
- You can access the [COVID-19 Reporting Dashboard](#)
- Puede acceder al reporte del [COVID-19 en español](#)
Arizona Department of Health Services (ADHS) partnering with ASU Center for Mindfulness, Compassion and Resilience

Being mindful and compassionate of those around us are important traits to practice, especially during a Pandemic. The need to stay connected with each other and those around us plays an important part in our mental health. This is why ADHS is partnering with the ASU Center for Mindfulness, Compassion and Resilience to share what they are unfolding: a virtual means of continuing mindfulness practice and support.

The plan is for the Center to provide weekly virtual meditation practices from 12–1 p.m. (AZ time) and written messages for open and free use. If you are interested in taking advantage of this daily convening, the topics for the week of April 6, 2020 through April 10, 2020 are:

- Monday: Joy, Happiness, and Comfort Foods
- Tuesday: Productivity, Panic, and Being Essential
- Wednesday: Self-Compassion and Physical Wellbeing
- Thursday: Rituals Part 2
- Friday(s): Community Wellbeing

For more information you can visit their link at [www.azhealth.gov/mindfulness](http://www.azhealth.gov/mindfulness)

**Question of the Day: Are kids immune to the virus that causes COVID-19?**
(Source: Harvard Health Publishing)

- Children, including very young children, can develop COVID-19. However, children tend to experience milder symptoms such as low-grade fever, fatigue, and cough. Some children have had severe complications, but this has been less common. Children with underlying health conditions may be at increased risk for severe illness. Children with COVID-19 may only have mild symptoms, but they can still pass this virus onto others who may be at higher risk, including older adults and people who have serious underlying medical conditions.

The Arizona Department of Health Services (ADHS) community transmission level of COVID-19 in Arizona remains at “widespread”. This means that the virus is present and circulating in communities across the state including Yuma County. We encourage all residents to take the necessary precautions including physical distancing and staying home if you are sick. Remember to:

- Wash your hands often with soap and water for 20 seconds.
- Avoid touching your face, especially your eyes, nose, and mouth.
- Avoid people who are sick, and avoid groups of 10 people or more.
- Clean and disinfect frequently-touched surfaces like light switches, door knobs, electronic devices, etc.
- Stay home if you are sick so you do not expose others
- Practice physical distancing, staying 6 feet away from others

**JOINT INFORMATION CENTER (JIC) UPDATE**

Questions from the public can be emailed to: COVID@yumacountyaz.gov
These questions will be collected, categorized and answered through the DAILY UPDATE and a future DAILY LIVE program on YUMA 77 & Yuma County Government FACEBOOK LIVE

Yuma Regional Medical Center

Yuma On Call Live – Responding to COVID-19 with YRMC President and CEO Dr. Trenschel

Thursday, April 9 at 4:00 p.m. on the Yuma Regional Medical Center and Yuma Sun Facebook pages

Join us for our next installation of Yuma On Call LIVE "COVID-19 - How YRMC is Responding and What you can Do" with YRMC President and CEO Dr. Robert Trenschel and Dr. Kristina Diaz.

In this Facebook Live episode we’ll share how the hospital has prepared for COVID-19 and address some of our community’s most common questions and concerns.

Submit your own question in the Facebook event discussion, during the live event or privately to communityrelations@yumaregional.org.

Visit the YRMC or Yuma Sun Facebook page on April 9 at 4:00pm to watch this episode of Yuma On Call LIVE.

Marine Corps Air Station Yuma

Effective April 6, 2020 and until further notice the Trusted Traveler Program is cancelled. This is an additional safety measure that #MCASYuma is taking in order to help stop the spread of #COVID19.

What this means is that essential personnel that do not have common access card (CAC) and Department of Defense (DOD) identification cards are not authorized to come aboard the base without going to the Pass and Registration office and obtaining a base access pass. Essential personnel may obtain base access by providing the appropriate paperwork to the Pass and Registration Office during working hours.

ALL VISITORS will be required to provide justification for needing access to the installation and will not be granted access to the base simply because they know someone that has a CAC or DOD identification card who will be sponsoring/escorting them aboard the base.

As of April 6, 2020, sponsoring a visitor aboard MCAS Yuma that does not have a CAC or DOD identification card is strictly prohibited unless approved at the Pass and Registration Office.

YUMA PROVING GROUND

Although certain access restrictions directed by the Department of the Army are in place, Yuma Proving Ground's essential test mission in support of Army modernization priorities continues. Access to Yuma Proving Ground is currently restricted to the following:

*YPG residents, including Travel Camp residents
* YPG employees
* Civilian contractors who work at YPG
* Other personnel who come to YPG for an authorized purpose (including personnel on official orders to YPG, DoD retirees/ID card holders, and delivery drivers)

**YUMA INTERNATIONAL AIRPORT**

Airports, Rental Cars and Airlines are considered essential businesses. There are no travel restrictions to or from any nonstop destination served by American Airlines at Yuma International Airport. American Airlines may adjust their flight schedules and will contact ticketed passengers if a change is required.

Everyone’s health and safety is important to the Yuma International Airport team. Therefore we have placed hot buttons in the upper left corner on Yuma International Airport website, with COVID information specific to air travel and COVID updates from Yuma County.

Brewers is open from 11:00 am to 9:00 pm for pick up, curbside pick-up and deliveries from their airport location East to 9E.

Hertz, Avis and Budget rental car agencies at the airport are open from 8:00 am to 5:00 pm daily. Enterprise is available by appointment.

The following flight schedule is tentative and subject to change:

April 8-May 1:
3 Daily flights
0500 DFW
1147 PHX
2007 PHX

Saturday, May 2:
0500 DFW

Sunday-Monday May 3-4
0500 DFW
1147 PHX
2007 PHX

Wednesday, May 6:
0500 DFW

Thursday, May 7:
0640 DFW

Friday, May 8:
0800 PHX
1336 PHX

Saturday, May 9:
0640 DFW

May 10- May 31:
Sunday, Monday, Thursday, Friday
ARIZONA WESTERN COLLEGE - Remote working is now a priority for all employees except essential staff. All classes are entirely online through the end of the Spring semester.

PUBLIC is urged to follow on FACEBOOK & TWITTER as well as sign up for Yuma County eNOTIFICATIONS

DON’T FORGET!!!! THE JOINT INFORMATION CENTER REMINDS EVERYONE that while you’re at home REMEMBER it is easy to respond to the CENSUS ONLINE!!!!