

While You Are Waiting For Your Test Results

If you are experiencing symptoms, or have been in close contact with someone confirmed to have COVID-19:

- Isolate yourself. Stay home and separate yourself from other people in your home as much as possible.
- Monitor your symptoms daily
- Continue to take preventive steps (wear a mask, avoid close contact with other people, routinely clean and disinfect frequently touched surfaces, don't share personal household items)

If you are not experiencing symptoms:

- Practice Preventive steps (wear a mask, avoid close contact with other people, ...ect)
- Continue to monitor your symptoms daily (Symptoms may appear 2-14 days after exposure)

What Your Test Results Mean

1. If you have symptoms and tested positive for COVID-19, you should:

Stay home and away from others for **10 days** since your symptoms first started **AND** at least **24 hours** after your **fever has gone away** without the use of fever-reducing medications **AND** your **symptoms (cough, shortness of breath or difficulty breathing, sore throat, congestion or runny nose, and loss of taste/smell) have improved.**

2. If you have symptoms and tested negative for COVID-19, you should:

Stay home and away from others until **24 hours** have passed since your **fever has gone away** without the use of fever-reducing medications **AND** your **symptoms (cough, shortness of breath or difficulty breathing, sore throat, congestion or runny nose, and loss of taste/smell) have improved.**

3. If you have never had symptoms and tested positive for COVID-19, you should:

Remain in home isolation until **10 days** have passed since the **date your first positive COVID-19 test was done**, as long as you have not started to have any symptoms since that test.

4. If you believe you had an exposure/close contact with someone infected with COVID-19 and tested negative for COVID-19

You probably were not infected at the time your sample was collected. However, that does not mean you will not get sick later. It is possible that you were very early in the infection when your sample was collected and that you could test positive later. Please continue to monitor for symptoms and take the necessary precautions.



Yuma County Public Health Services District



Public Health
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