Yuma County Public Health District Update

Yuma County Health Officials confirm 2 new cases of COVID-19 bringing the total to 15 (fifteen). Patients remain in isolation and health officials are conducting contact investigations.

- Arizona currently has 1,598 confirmed cases of COVID-19, resulting in 32 deaths
- Yuma County currently has 15 confirmed cases of COVID-19, resulting in 0 deaths
- Currently 212 Yuma County residents have been tested

<table>
<thead>
<tr>
<th>Cases</th>
<th>15</th>
</tr>
</thead>
<tbody>
<tr>
<td>Total Tests</td>
<td>212</td>
</tr>
<tr>
<td>Gender</td>
<td>Female 5 33%</td>
</tr>
<tr>
<td>Age Group</td>
<td>0-17 0</td>
</tr>
<tr>
<td>Deaths</td>
<td>0 0%</td>
</tr>
</tbody>
</table>

Arizona Department of Health Services (ADHS) recent updates can be found on the COVID-19 Reporting Dashboard.

- You can access the COVID-19 Reporting Dashboard
- Puede acceder al reporte del COVID-19 en español

**Arizona COVID-19 Town Hall; Tonight at 6:00 PM**

Tonight at 6 pm. there will be a simulcast, virtual Town Hall featuring Governor Doug Ducey, Arizona Department of Health Services Director, Dr. Cara Christ and Major
General Michael McGuire. This discussion will highlight the latest information regarding the coronavirus pandemic, and make sure every citizen is informed of the state’s response to COVID-19.

You can watch locally on NBC (News 11), CBS (13 On Your Side), ABC (channel 5), and FOX (channel 9). You can also tune in through radio to Z93 (93.1) and Outlaw Country (AM 1400).

The public can also submit questions to PBS8 by clicking here:

Yuma’s Mental Health

With the prolonged practice of physical distancing may come anxiety, or other negative impacts on our mental health. Whether it be health or financially related, being away from family and loved ones, it is not an easy time for most of us. During these unprecedented times, now more than ever, it's important to stay connected to our friends, family, and fellow citizens. So let us not forget, physical distancing should not deter us from being socially connected. There are activities each of us can do so we can be physically distant but remain socially connected, including:

Reading a book
Write letters to family and friends
Cooking a meal with your family.
Playing online video games or board games.
Exercising (e.g., riding a bike, walking your pet, virtual workout class).
Hiking a non-crowded trail.
Take a virtual tour of a zoo
Going for a drive.
Connecting with friends and family via social media/web.
Doing yard work or gardening.

Stay safe and healthy Yuma, both physically and mentally!

Question of the Day: When does a person who tested positive for COVID-19 get released from isolation? (Source: ADHS COVID-19 FAQ’s)

- If a patient has been tested for COVID-19 and is awaiting results:
  - Remain under home isolation precautions.

- If a patient has tested positive for COVID-19:
  - Remain under home isolation precautions for 7 days from specimen collection OR until 72 hours after fever is gone and symptoms of acute infection resolve, whichever is longer.

- If a patient has tested negative for COVID-19 and has compatible symptoms (fever, cough, shortness of breath):
  - Stay home until 72 hours after all symptoms of acute infection resolve.

- If a patient has not been tested for COVID-19 and has compatible symptoms (fever, cough, shortness of breath):
  - Stay home away from others until 72 hours after fever is gone and symptoms of acute infection resolve.
• If a patient has not been tested for COVID-19 and has other non-compatible symptoms:
  o Stay home until 24 hours after all symptoms are gone without the use of medicine.

The Arizona Department of Health Services (ADHS) community transmission level of COVID-19 in Arizona remains at “widespread”. This means that the virus is present and circulating in communities across the state including Yuma County. We encourage all residents to take the necessary precautions including physical distancing and staying home if you are sick. Remember to:

- Wash your hands often with soap and water for 20 seconds.
- Avoid touching your face, especially your eyes, nose, and mouth.
- Avoid people who are sick, and avoid groups of 10 people or more.
- Clean and disinfect frequently-touched surfaces like light switches, door knobs, electronic devices, etc.
- Stay home if you are sick so you do not expose others
- Practice physical distancing, staying 6 feet away from others

JOINT INFORMATION CENTER (JIC) UPDATE

Questions from the public can be emailed to: COVID@yumacountyaz.gov

These questions will be collected, categorized and answered through the DAILY UPDATE and a future DAILY LIVE program on YUMA 77 & Yuma County Government FACEBOOK LIVE

Yuma County Board of Supervisors

The Regular Session of the Yuma County Board of Supervisors will be held Monday, April 6, 2020 at 9:00 am. Board members and staff will be practicing social separation. All County staff have been briefed on their involvement with the meeting and will be waiting for each agenda item to be called before entering the room.

Call to the public will be held, but seating will be limited and at least 6-feet from each other.

The meeting will be carried LIVE on YUMA-77 and the Yuma County Government Facebook page LIVE.

YUMA PROVING GROUND

Although certain access restrictions directed by the Department of the Army are in place, Yuma Proving Ground's essential test mission in support of Army modernization priorities continues. Access to Yuma Proving Ground is currently restricted to the following:

* YPG residents, including Travel Camp residents
* YPG employees
* Civilian contractors who work at YPG
* Other personnel who come to YPG for an authorized purpose (including personnel on official orders to YPG, DoD retirees/ID card holders, and delivery drivers)
YUMA INTERNATIONAL AIRPORT

Airports, Rent Cars and Airlines are considered essential businesses. There are no travel restrictions to or from any nonstop destination served by American Airlines at Yuma International Airport. American Airlines may adjust their flight schedules and will contact ticketed passengers if a change is required.

Everyone’s health and safety is important to the Yuma International Airport team. Therefore we have placed hot buttons in the upper left corner on Yuma International Airport website, with COVID information specific to air travel and COVID updates from Yuma County.

Brewers is open from 11:00 am to 9:00 pm for pick up, curbside pick-up and deliveries from their airport location East to 9E.

Hertz, Avis and Budget rent car agencies at the airport are open from 8:00 am to 5:00 pm daily. Enterprise is available by appointment.

The following flight schedule is tentative and subject to change:

April 8-May 1:
3 Daily flights
0500 DFW
1147 PHX
2007 PHX

Saturday, May 2:
0500 DFW

Sunday-Monday May 3-4
0500 DFW
1147 PHX
2007 PHX

Wednesday, May 6:
0500 DFW

Thursday, May 7:
0640 DFW

Friday, May 8:
0800 PHX
1336 PHX

Saturday, May 9:
0640 DFW

May 10- May 31:
Sunday, Monday, Thursday, Friday
0640 DFW
0800 PHX
1336 PHX
ARIZONA WESTERN COLLEGE - Completed a transition week and remote working is now a priority for all employees except essential staff. All classes are entirely online through the end of the Spring semester.

PUBLIC is urged to follow on FACEBOOK & TWITTER as well as sign up for Yuma County eNOTIFICATIONS

DON’T FORGET!!!! THE JOINT INFORMATION CENTER REMINDS EVERYONE THAT while you’re at home REMEMBER it is easy to respond to the CENSUS ONLINE!!!!